

# Stage Make-up and Hair Style Instructions

## 5<sup>th</sup> to 8<sup>th</sup> Grade and all Shooting & Shining Stars Dance Team Members

Dancers, even young ones, wear makeup on stage in order to make their faces and expressions visible to the audience. Without this makeup, dancers faces will appear washed out by stage lights and won't be seen by the audience.

Follow these simple steps to create a perfect, stage-ready face.

### Blush (Required)

- Pink or Rose.
- Apply blush to the apples of the cheeks.

### Lipstick (Required)

- True red color.
- Apply to the upper and lower lips.

### Foundation (Required)

- Shade similar to skin color.

### Eye Shadow (Required)

- Three complementary brown colors (light, medium and dark)
- Apply the darkest shade near the outside corner of the eye, the medium shade covering the full eyelid, and the lightest shade under the eyebrow. Slightly blend the colors together.

### Eyeliner (Required)

- Black and Silver Glitter.
- Apply a thin straight line to the upper lid and extend out to create a single wing with Black eyeliner.
- Apply a line to the bottom lash line with Black eyeliner.
- Apply a thin straight line to the upper lid with Silver Glitter eyeliner.

### Mascara (Required)

- Gently sweep two coats on top and lower lashes.

### False Eyelashes (Optional)

Hair style should be a low bun at the bottom of hairline with a 1-in middle part, unless otherwise told.

